

# SPICY SPICES

ORGANIC VEGETARIAN RESTAURANT

*since 1998*

## Menu Card





 Vegan

 Gluten-free

# Appetizers,

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## Side dishes & small dishes

### Organic mixed salad with sprouts (V) (GF)

small ..... € 4,90

big ..... € 8,50

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Organic soup (V) sometimes (GF) (see daily offer) ..... € 4,90

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### Organic Samosa (V)

1 Samosa with organic mango-chutney ..... € 6,90

2 Samosas with organic mango-chutney. .... € 13,50

1 Samosa with organic vegetables & Dal with pulses . € 11,50

2 Samosas with organic vegetables & Dal with pulses . € 14,90

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### Organic spring rolls (2 pieces) (V)

with organic mango-chutney ..... € 10,50

with organic daily vegetables (see daily offer). .... € 12,50

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### Organic spinach cashew rolls (4 pieces) (V)

with organic mango-chutney ..... € 10,50

with organic daily vegetables (see daily offer). .... € 12,50

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*Salad*  
with sprouts

*Samosas*  
with mango-chutney

*pickles*

*vegan  
lunch  
special*



# Lunch-special

Monday to Friday 11.<sup>00</sup>-14.<sup>30</sup>

**Lunchtime special dish** (V) (GF) . . . . . € 9,50

consisting of Indian Dal with pulses  
with 1 sort of organic vegetables in curry sauce,  
and 1 sort of organic vegetables in mild herb sauce,  
with unpeeled organic brown rice  
or Indian basmati rice

**with organic soup** (V) sometimes (GF) (see daily offer) . . . . . € 12,50

**with organic mixed salad with sprouts** (V) (GF) . . . . . € 12,50

## Extras

1 portion Pickles (V) (GF) . . . . . € 0,50

Organic Chapati (from spelt flour) (V) . . . . . € 2,00

Organic Naan bread (from wheat flour) (V) . . . . . € 2,00

Organic Parantha (bread filled with organic potatoes / from spelt flour) (V) . . . . . € 5,50

# Specialities

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**Organic chick peas dal** with vegetables (V) (GF) (daily offer) . . . . . € 14,50

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**Organic falafel-balls** in curry sauce with vegetables (V) (GF) . . . . . € 14,50

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**Mustard leaves with organic panir\*** in curry sauce & vegetables

(\* homemade cheese from organic hay milk) . . . . . € 14,50

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**Black beans (Urid Dal Makhni)** (V) (GF)

and vegetables in curry sauce. . . . . € 14,50

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**Fried organic potatoes** in curry sauce

and Dal with pulses (V) (GF) . . . . . € 14,50

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**Organic Panir\* zucchini wheat germ balls**

in curry sauce & vegetables. . . . . € 14,50

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**Organic shiitake mushrooms with organic spinach leaves**

and Dal with pulses (V) (GF) . . . . . € 14,50

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*We serve as an option for all specialities*

- *Chapati* from spelt flour (2 pieces)
- *Naan-bread* from wheat flour (1 piece)
- *Basmati rice*

(\* homemade cheese from organic hay milk)



## Chapati & Parantha

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2 pieces **Chapati** (from organic spelt flour) (V) **OR Naan bread** (from wheat flour) (V)  
 with organic vegetables and Dal with pulses (daily offer) . . . . . € 12,90

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**Parantha** (bread filled with organic vegetables from organic spelt flour) (V)  
 with organic vegetables and Dal with pulses (daily offer) . . . . . € 12,90

## Tofu- & Seitan dishes

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**Organic Pitta Bread with Wild garlic tofu** (V)  
 with green peas in curry sauce and Dal with pulses . . . . . € 14,50

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**Wild garlic tofu roast fillets** (2 pieces) (V) (GF)  
 with vegetables in herb sauce and rice . . . . . € 14,50

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**Japanese tofu roast fillets** (2 pieces) (V) (GF)  
 with vegetables in herb sauce and rice . . . . . € 14,50

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**Sliced seitan** with peas in herb sauce OR curry sauce & daily vegetables (V)  
 with naan bread or basmati rice . . . . . € 14,50

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*Chai & ayurveda Tea*

*Vegan Energy balls*

*Organic cakes*

*Organic Fair Trade Espresso italiano*



# Desserts

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## Organic energy balls

1 piece . . . . .	€ 1,00
6 pieces . . . . .	€ 5,00

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## Organic pies / organic cake (without gelatin)

different varieties (see showcase) . . . . .	€ 3,50
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Organic natural sheep-yoghurt . . . . .	€ 1,90
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Organic Panna Cotta with cinnamon blossoms and raspberry sauce . . . . .	€ 4,50
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Organic Mousse au Chocolat NOIR . . . . .	€ 4,00
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Organic Mousse au Chocolat VEGAN   . . . . .	€ 4,50
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# Drinks

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*Tap water is free only with consumption of other drinks*

## **Fruit juices**

Organic apple-mango-juice 0,2l. . . . .	€ 3,50
Organic apple-juice natural 0,25l. . . . .	€ 3,50
Organic apple-elder-juice 0,25l. . . . .	€ 3,50
Organic apple-cherry-juice natural 0,25l . . . . .	€ 3,50
Organic blackcurrant juice 0,2l. . . . .	€ 4,00
Organic pomegranate juice 0,33l. . . . .	€ 5,00
<b>mixed with water . . . . .</b>	<b>+ € 0,50</b>

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**Ice tea** with green tea and mate . . . . . € 3,90

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## **Lemonade**

Organic Fresh Lemon Lemonade 0,33l. . . . .	€ 3,90
Organic elderflower 0,33l. . . . .	€ 3,90
Organic black coke with guarana 0,33l . . . . .	€ 3,90

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**Mineral water** with / without gas 0,33l . . . . . € 2,90

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**Organic mango-lassi** with soy, 0,25l (v) . . . . . € 3,90

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# Coffee & Tea

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## **Organic Fair Trade Espresso italiano** with organic cream / or soya milk

regular coffee (Verlängerter) . . . . .	€ 2,90
Espresso . . . . .	€ 2,50
Double espresso . . . . .	€ 3,90
Cappuccino . . . . .	€ 3,50

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## **Indian chai-tea** with organic cream / or soy milk

(black tea with fresh ginger, cardamom, cinnamon) . . . . .	€ 3,90
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## **Organic Ayurveda tea** . . . . . € 3,40

- Classic Yogi
  - Wellbeing
  - Ginger Lemon
  - Bright Mood
  - Heartwarming
  - Green Energy
  - Matcha Lemon
  - Stomach Ease
  - Women's Energy
  - Men's Tea
  - Throat Comfort
  - Immune Support
  - Positive Energy
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# Organic wine

## White wine

**Camino Blanco Airén** - 0,25 l . . . . . € 5,90  
*fresh, fruity wine from Spain / Castilla*

**Welschriesling** 1 bottle 0,75l . . . . . € 15,90

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## Red wine

**Camino Tinto Tempranillo** - 0,25l . . . . . € 5,90  
*dry, aromatic wine from Spain / Castilla*

**Zweigelt** 1 bottle 0,75 l . . . . . € 18,90

**Blafränkisch** 1 bottle 0,75 l . . . . . € 18,90

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**Organic Prosecco di Valdo DOC** 0,2 l . . . . . € 5,90  
*fine, fruity taste*

100% Nature

0% Compromise

**Lammsbräu Organic Beer**

*„Full taste, pure enjoyment  
and the consciousness  
that with every sip you contribute  
to a healthy environment“*

# Organic beer

## Neumarkter Lammsbräu

Edelpils 0,33l . . . . . € 3,90

Edelpils 0,5l . . . . . € 4,50

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Pale wheat beer (yeast) “Weisse” natural 0,5l. . . . . € 4,50

Yeast beer pale light, non alcoholic 0,5l . . . . . € 4,50

Dinkel (whole spelt) 0,33l . . . . . € 3,90

Non-alcoholic beer 0,33l . . . . . € 3,90

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**Radler** (beer with 50% lemonade) 0,5l . . . . . € 4,50

Namasté!